



**2008-2009 ICA ATHLETIC DEPARTMENT
LETTER TO PARENTS**



Welcome to a new school and athletics year! The following information contains important dates and guidelines we have implemented to ensure your daughter a safe and productive season. Please e-mail me at csideco@icacademy.org if you have any questions. Coaches for the specific sports will also provide their contact information to your daughters.

IMPORTANT ATHLETIC DEPARTMENT DATES 2008-2009

August 12	ALL SPORTS PARENT MTG	7:00-8:00PM AUD
August 18-22	Volleyball Team Tryouts	GYM, times to be announced
August 13-22	Cross Country Team Sign Ups and Meetings	TBA
August 13-22	Tennis Team Sign Ups and Meetings	TBA
August 23 Saturday August 25 Monday	Spirit Squad Tryouts	8:00am-10:00am GYM 4:00pm – 6:00pm AUD
August 30 Saturday	Spirit Squad Parent Meeting	8:00 am-10:00 am GYM
Tue September 9	Fall Sports Rally	1:55 AUD
Sun September 28	Family Mass & Picnic Blessing of Sports Teams	9:00am Glen Park
Mon November 3 – Friday November 7	Basketball Team Tryouts	TBA
Mon November 3 – Friday November 7	Soccer Team Tryouts	TBA
Mon November 24	Winter Sports Rally	1:55 AUD
Mon February 9- Fri February 13	Softball Team Tryouts	TBA
Thu February 26	Women & Girls in Sports Celebration	1:55 AUD
THUR MAY 7	ICA ANNUAL SPORTS AWARDS NIGHT	6:00pm AUD (Mandatory for all athletes)

PRACTICES/PICK UP

For the safety of your daughters, please be reminded ICA is a closed campus. Athletes should be picked up after their practice from the Fair Oaks gate entrance. Girls are instructed to wait inside the gate for their ride. **Please be courteous to our neighbors by not double parking, blocking driveways, or honking the car horn on Fair Oaks.**

FORMS

Prior to participating in any practices for any interscholastic sport, each athlete must:

1. Successfully pass a physical examination by a registered physician and the copy of the ***Health Examination Form*** must be on file in the office of the athletic director. One current physical examination per year is required for all sports during that school year.
2. Return to her coach the ***Athletic Responsibility Acknowledgement Form*** properly signed.
3. Properly fill out and return to the coach the ***Emergency Medical Form***.
4. Properly fill out and return the ***Field Trip Permission Form*** for transportation purposes.
5. Pay the \$150.00 ***sports fee*** to the school's business office, or submit a Principal-approved payment plan to the business office.

